



RED ARC Services For Police Federations

A telephone support service which provides Access to a Personal Nurse Advisor for you and your family to provide support in the event of:

- Serious Illness
- Bereavement
- Long Term Disability
- Stress
- Support for people when discharged from hospital

Your Personal Nurse Advisor will be able to assist with:

- Help in understanding the condition and all its implications
- Explain options for treatment
- Help to prepare for consultants appointment
- Explain medical terms in simple everyday language
- Help families to cope with consequences of illness
- Information and advice on home adaptations/specialist equipment
- Find suitable equipment & medical aids
- Provide information on entitlements from NHS
- Helping you to make as speedy recovery as possible and good long term management of their condition; or
- Simply a listening ear when you are feeling low, or want to talk to someone who is not emotionally involved

At the discretion of the nurse, when clinically necessary in certain circumstances they will be able to authorise 3rd Party interventions such as:

- Specialist nurse home visit
- Physiotherapy
- Specialist Counselling
- Speech & language therapy

The RED ARC service is free of charge and confidential. If you think you may be eligible you should ring RED ARC on 01244 625183 in normal business hours.